



Lesson 5

Series A

Family Time!

The universal cry is, “I don’t have time!” However, the reality is that we make time for our priorities.

1. In the hurry of the twenty first century what should spouses and parents remember?

Ecclesiastes 3:1. “For everything there is a _____, a _____ for every purpose under heaven.”

So there is a time to work and a time to play, a time for business and a time for family pleasure.

2. Isaac and Rebekah give us a good example.

Genesis 26:1, 8. True (T) or False (F)

- There was a famine and Isaac went to the land of Egypt.
- Yet Isaac took time to enjoy and caress Rebekah.
- Despite our pressures, husbands and wives need to spend quality time together.

3. Parents and children also need Family Time.

Deuteronomy 11:19. “You shall teach them to your children speaking of them when you _____ in your house, when you _____ by the way, when you _____ down, and when you _____ up.”



4. It is said that a child spells the word “love” as “t-i-m-e.” Why is this so?

Because time allows us to build relationships which are the building blocks of love.

5. And God knows this to be so! When He created the first family, He reserved family time for them.

Genesis 2:1-3. True (T) or False (F)

- So the Sabbath didn’t start with Moses at Sinai, it started with Adam and Eve in Eden.

- It was given to the first family for the whole human family.
- It was the first full day that Adam and Eve spent together.

6. Thousands of years later, when God repeated the Sabbath command, He still focused on the family!

Exodus 20:9, 10. “The seventh day is the Sabbath of the Lord your God. In it you shall do no work: you, nor your _____, nor your _____, nor your male servant, nor your female servant.”

Sabbath time is family time.

7. When Christ lived on earth He also used the Sabbath as family time.

See Luke 4:16. True (T) or False (F)

- Christ journeyed to Capernaum.
- His return home involved a family reunion.
- His family time was spent both at home and in church.

8. What would result from spending time with our children?

Psalms 144:12. “That our sons may be as plants grown up in their youth; that our daughters may be as pillars sculptured in palace style.”

9. Family Time will also bring blessings to husbands and wives.

Proverbs 5:18. “Let your fountain be blessed and _____ with the _____ of your youth.”

Family Time will enable my family to become God’s Happy Family.

10. My Response

- I will arrange my weekly schedule to spend quality time with my family.
- Like Jesus I want to worship God each week with my family.
- Amidst the pressures of life I will make my family a priority.

Check your answers: 1. season, time; 2. FTT; 3. sit, walk, lie, rise; 5. T,T,T; 6. son, daughter; 7. F,T,T; 9. rejoice, wife.

My Name _____

My Address _____

My Phone: Home _____ Work _____

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